

WELCOME BACK!

February 09

Welcome back to a very wet start for many parts of Qld in 2009. On a positive note, the heavy rains have broken the drought for most towns from Bundaberg North, but many communities are also experiencing the worst floods since 1974. Our hearts especially go out to Ingham, where we understand schools have only been open for two days in the first three weeks.

AND then there are the horrendous fires in Victoria that claimed over 180 lives, destroyed whole towns and over 1800 homes as well as livestock, machinery and property. ***Our thoughts and prayers are with the Victorians who are suffering at this time.***

SUPPLIER PRICE LISTS

The 2009 ASCA Supplier Price List was posted to all schools in Late January. It is a green A4 sheet. Have you received it? If not please contact your ASCA Consultant and we will organise for another copy to be sent to you.

WELCOME NEW ASCA MEMBERS

ASCA Queensland is growing at a significant rate as more and more schools discover the great savings to be made as an ASCA Member. We welcome on board the following new schools. Please do not hesitate to give us a call if we can be of any assistance to you:

South East Queensland:

- Humpybong SS
- The Lakes College
- Yeronga SS
- Pittsworth SHS

Maryborough/Hervey Bay Region:

- Kawungan SS
- Pialba SS
- Tinana SS
- Urangan SHS
- Maryborough West SS
- Sandy Straits SS
- Urangan Point SS

We now have 71 ASCA member schools in Queensland. So, tell your friends in neighbouring Canteens about the benefits of ASCA – all can share in the rewards!!

CHANGE OF CANTEEN MANAGER, CHANGE OF DETAILS

Have your details changed:

- You now have a direct phone number.
- You now have access to an E Mail.
- Do you have a new Principal, P&C President or Business Manager?
- Is there a change to the days your Canteen is open?

Could you call us and let us know? We would particularly like to hear from you as soon as possible especially if you are a new Manager, as we would welcome the opportunity to introduce ourselves and discuss the ASCA services that can be of assistance to you.

SUPPLIERS

Streets Ice Cream

As you know Streets is our new Ice Cream Supplier from January, 2009. By now you will have received your new Streets Freezers, Price List, PR material and of course, plenty of stock to start the school year. When we phoned schools early this year, the feedback was positive with only a few minor problems to be overcome.

One of our larger country secondary schools placed an initial order of over \$1,000. They had to place a “top up” order of \$600 in just four days because the students couldn’t get enough Streets Ice Creams!!!

We have been advised that Paddle Pop Mini Fruits are being phased out and will be replaced by new lines at a later date BUT **a fantastic new line is available to schools** – see below:

New Strawberry MOO Paddle Pop

As part of their continuing commitment to schools, Streets are launching a new Strawberry flavoured MOO. We’ve tasted the new product and it is YUMMY – even better than the chocolate MOO and for the month of March, **the only place you will be able to buy a Strawberry MOO will be in schools!** So ask your Streets rep about the Strawberry MOO launch and the great Launch Pack that goes with it. **Strawberry MOO** will be available from **March 2nd** onwards from your Streets Ice Cream Distributor.

National Foods – Pura Milk

We were amazed to see how little, if at all, the milk prices have changed for 2009. A price rise of 5% for NON ASCA schools was effective from 2 February, 2009. Last week a Canteen Manager said that the cost of a 600ml Big M fresh carton was some 50 cents BELOW the equivalent product of a major competitor. **A great reason to join ASCA!!**

Smiths Snack Foods

The price for the six lines of Smiths Chips remains unchanged for a 27 to 30 gm packet. With ASCA discounts, this is a very good saving for schools. Your Smiths distributor will give you the original discount off your invoice. You will receive the additional rebate, paid as a credit on your distributor’s statement, every six months. Please check your invoices to see that your distributor is charging you the correct price and that you are receiving the correct discount/rebate.

CCA Price Rise

As you may recall, we advised last year that Coca Cola implemented a price rise on their products in November last year, which they delayed for ASCA schools until this year.

Just a friendly reminder, that the Coca Cola price rise has now taken effect. The new pricing is detailed in the ASCA Price list sent to schools in late January.

NAFDA

The Solomon Food Group has sold their Food Distribution business and has ceased to be the NAFDA distributor for Frozen Food & Groceries to ASCA Schools. However, we are pleased to advise that the following NAFDA Frozen Food & Grocery Suppliers have been appointed in the following regions:

Brisbane, Gold Coast

Queensland Frozen Food Services (QFFS) is the new NAFDA Supplier for Brisbane and the Gold Coast. QFFS Reps began visiting ASCA schools on 10 February to provide schools with details of their services. The discount remains unchanged and their product ranging equals that of Solomons.

Maryborough and Hervey Bay Region

Maryborough Wholesalers has taken over from North Coast Foods who were supplying schools from Bundaberg. Maryborough Wholesalers provide a more efficient and convenient service for schools as they are able to supply to schools twice per week.

Townsville Region

Debra Lee Trading has replaced the Solomon Food Group as our NAFDA Supplier for this area. As you can imagine, the floods in Ingham and Townsville have caused havoc in the past two weeks. Schools hopefully will be back to "normal" by the time you read this Newsletter.

Golden Circle

Golden Circle Reps have been visiting ASCA schools (except Ingham for obvious reasons) in the last two weeks and supplying schools with a revised price list for 2009. Please contact your Golden Circle representative if you have not received their 2009 price list.

CANTEEN CORNER

Some tasty recipes from Sue at Carramballac College:

Large Crustless Quiche (for a Bain Marie tray)

Ingredients

- 26 eggs
 - 800g low fat grated tasty cheese
 - 3 1/2 cups SR flour
 - 9 cups low fat milk
1. Mix above ingredients (except cheese) with a wizz until well blended. This is the base of the quiche. During the cooking process the flour sinks to the bottom, forming a more solid base, enabling the quiche to be easily cut and served - without fatty pastry.
 2. Pour mixture into a lightly greased Bain Marie tray; add flavourings, sprinkle with cheese, and bake at 180 degrees C for around 1 1/2 hours. The quiche may take longer to cook depending on ingredients added and the temperature of the eggs etc, so allow plenty of time to cook. Stand quiche for 20 minutes or so after cooking **before** slicing.

Flavouring Suggestions

Diced bacon or ham, 1/2 cherry tomatoes, corn kernels, asparagus cuts, sliced mushroom, shredded spinach (frozen box variety), sliced spring onions, char grilled vegetables, grated zucchini. Use your imagination!

Serve with Salad. Makes approx 24 serves.

Apricot Balls

Ingredients

- 250g dried apricots
 - 1 cup juice - orange, apple or mango
 - 8 WeetBix
 - 1/4 cup honey
 - 1/2 cup desiccated coconut
1. Place apricots & juice in small saucepan. Simmer over medium heat for 10 minutes until apricots soften & juice has thickened. Set aside to cool.
 2. Place WeetBix into a food processor & process until finely crushed. Add apricot mixture and honey and wizz till combined and lumpless.
 3. Form tablespoons of mixture into balls, squeezing firmly, and roll lightly in coconut.
 4. Refrigerate until ready to serve
 5. Makes appx 26

We have also been supplied with some great recipes from Denise Ralph at Flagstone State Community College. For your information two of these wholesome recipes are attached to this newsletter.

ASCA Contact Details

As always, we are available to help:

Brisbane, Gold Coast, Darling Downs, Sunshine Coast.

Manager: Ken Goodwin: Mb 04000 45637. Email: kengoodwin@asca.com.au

Consultant: Bronwyn Simcox: Mb 0447 750 559 Email: bronwynsimcox@asca.com.au

Maryborough to Cairns

Manager: Ed Bray; Mb 0437 420 500. Email: edbray@asca.com.au

Until next time

The ASCA Team